

Niki Tomita, Carleton

Redwood City, Calif. / Woodside
Week of: 2009-11-09



Carleton College sophomore forward **Niki Tomita** (Redwood City, Calif./Woodside) propelled the Carleton into the NCAA Championships with a pair of highlight performances during the MIAC Playoffs. In the semifinals at top-seeded Concordia, the sophomore tallied the equalizer in the 88th minute, resulting in the second 1-1 tie this season between the two programs. The Knights would later advance to the finals following a victorious shootout, where Tomita converted the first penalty kick, immediately putting the pressure on the Cobbers. In the finals of the MIAC Playoffs, Tomita notched her second hat trick over the last 10 days as Carleton won at Macalester, 3-0, and earned the conference's automatic qualifier to the NCAA tournament. Carleton became the first #4 seed ever to win the MIAC women's soccer playoffs. Tomita has scored 10 goals in the last five games, including two equalizers and four game-winning goals.

Niki Tomita, Carleton

Redwood City, Calif. / Woodside
Week of: 2009-11-03



Carleton College sophomore forward **Niki Tomita** (Redwood City, Calif./Woodside) scored six goals in the Knights' three wins last week. Tomita scored both of Carleton's goals in the 2-1 win over regional opponent UW-Eau Claire. The Knights and UW-Eau Claire entered that game tied at #10 in the regional rankings. Three days later, Tomita scored all three Carleton goals in their 3-1 conference victory over St. Catherine. On Saturday, Tomita scored the game-winning goal in the 85th minute of Carleton's 2-1 win over cross-town rival St. Olaf. The win earned the Knights the #4 seed in the MIAC Playoffs.

Kaitlin Kramer, St. Catherine

Anoka, Minn. / Anoka
Week of: 2009-10-27



St. Catherine University sophomore midfielder **Kaitlin Kramer** (Anoka, Minn.) picked up five individual points on the week as she helped the Wildcats record two victories. In the St. Catherine's 3-0 win over UW-Superior on Wednesday, Kramer tallied two goals. She scored the game-winner at 19:50 of the first half and then added the third goal at 74:12. On Saturday, the Wildcats upset playoff-contender St. Olaf 3-0. Kramer assisted Koletta Dorsher on the third goal of the game.

Diana Bocklund, Augsburg

Mahtomedi, Minn. / Mahtomedi
Week of: 2009-10-20



Augsburg College first-year goalkeeper **Diana Bocklund** (Mahtomedi, Minn.) did not allow a goal, while collecting 13 saves, in 155 minutes of play on the week. In the Auggies' 2-1 loss to Bethel on Tuesday, Bocklund recorded three saves while playing in the first half. In Saturday's 0-0, two-overtime tie at MIAC playoff contender Carleton, Bocklund played the full 110 minutes, recording 10 saves for her third collegiate shutout. On the season, Bocklund has played 11 games in goal with three shutouts.

Rachel Foran, Carleton

River Forest, Ill. / Oak Park River Forest
Week of: 2009-10-13



Carleton College sophomore defender **Rachel Foran** (River Forest, Ill./Oak Park River Forest) scored two game winning goals against Saint Benedict and Bethel this past week. Both goals were scored on headers off of corner kicks, with the goal against Bethel coming in the final moments of the first overtime period. The goals were central defender's first two of the season. With the two key conference wins, the Knights move to 4-2 in the MIAC and 6-5-1 overall.

Sam Johnson, Concordia

Fargo, N.D. / North
Week of: 2009-10-06



Concordia College junior forward **Sam Johnson** (Fargo, N.D./North) scored a pair of game-winning goals last week to keep the Cobbers one of only six unbeaten or untied teams in all of NCAA Division III. For the week, Johnson had three goals including both game winners in Concordia's 1-0 win over Bethel on Wednesday and their 4-0 win over Saint Mary's on Saturday. She also had 11 shots in the two games. In the game against Bethel, Johnson scored the only goal of the game in the first half as the Cobbers weren't able to get a second score on the Royals who entered the game 7-1-1 overall. On Saturday, Johnson finally got Concordia on the board in the second half after the two teams played a scoreless first period. For the season, Johnson has a team-leading eight goals and two assists for 18 points. In conference play, she had posted five goals and is currently second in the league. With a record of 10-0-0 on the season, Concordia is currently ranked 14th in last week's NSCAA national poll.

Lexie Fisher, St. Thomas

Buffalo, Minn. / Rockford
Week of: 2009-09-29



University of St. Thomas junior midfielder **Lexie Fisher** (Buffalo, Minn./Rockford) had a goal in each of the Tommies' last two conference games. Fisher tallied the second goal for the Tommies, just 6:10 into the game, in St. Thomas' 5-0 win over Hamline on Tuesday. She also scored the game-tying goal in the Tommies 2-1 win over Bethel on Saturday. St. Thomas is now 4-0 in the MIAC and 7-2 overall.

Lindsay Howard, St. Olaf

Excelsior, Minn. / Minnetonka
Week of: 2009-09-22



St. Olaf College sophomore forward **Lindsay Howard** (Excelsior, Minn./Minnetonka) led the Oles to two MIAC wins last week as St. Olaf improved to 5-1 on the season. Howard scored on a header in the ninth minute, that proved to be the game winner, as the Oles defeated Hamline 4-0 on Tuesday. Led by Howard's three goal performance on Saturday, St. Olaf defeated Saint Benedict 5-0. She also assisted on the game winning goal by Catie Christoffel at 19:42 of the first half. Howard currently leads the Oles with five goals and five assists on the season.